

SymLog Privacy Policy

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SymLog is published by **GadgetHeads LLC** ("GadgetHeads," "we," "us," or "our"). SymLog is a private symptom tracker for iPhone and Apple Watch. This policy explains what SymLog does and does not do with your information. The short version: **SymLog has no accounts and no servers, and we never collect your health data.**

Summary

- SymLog does **not** have user accounts and does **not** operate any server that receives your data.
- Your symptom logs are stored **on your device** and, with your permission, in **Apple Health** on your device.
- We do **not** collect, transmit, sell, or share your health information.
- We use **no** third-party analytics, advertising, or tracking SDKs.
- SymLog does **not** track you across other apps or websites.

Information SymLog stores on your device

SymLog keeps the following on your device only. None of it is sent to us or to any third party.

- **Symptom logs and severity.** The symptoms you record, their severity, and their timestamps. These are stored locally and, with your permission, saved to Apple Health.
- **App settings and preferences.** For example your favorite symptoms and their order, reminder settings, doctor-report patient name, and whether the AI Recap card is shown. These are stored in the app's local settings (iOS UserDefaults) and in a shared app-group container used by the SymLog widget and Apple Watch app on the same device.

Apple Health (HealthKit)

With your explicit permission, SymLog reads from and writes to Apple Health:

- **Writes:** SymLog saves the symptom logs you record to Apple Health so your health data lives in one place you control.
- **Reads:** SymLog reads symptom data you have in Apple Health, and — for the optional AI Recap feature — reads related health metrics (such as sleep, steps, and resting heart rate) and health characteristics (such as date of birth, biological sex, and blood type) to provide context for on-device summaries.

Apple Health data stays on your device under your control. SymLog does not send your Apple Health data anywhere. You can review or revoke SymLog's Health permissions at any time in the iOS **Settings > Health > Data Access & Devices** screen or in the Health app. Information obtained from Apple Health is never used for advertising or marketing, and is never sold.

On-device AI Recap

SymLog includes an optional AI Recap that can summarize patterns in your logs and Health data. It runs entirely **on your device** using Apple's on-device model (Apple Intelligence / Foundation Models). It only runs when you tap it, and your logs and health data are **not** sent off the device to generate the recap. The AI Recap can be turned off in **Settings > Insights**.

Doctor reports and sharing

SymLog can generate a PDF report of your symptoms so you can share it with your doctor. Reports are created on your device. If you choose to share a report, it goes only where you send it using the standard iOS share sheet (for example, Mail, Messages, or Files). SymLog does not upload reports anywhere.

Reminders and notifications

If you enable reminders, SymLog schedules **local** notifications on your device to remind you to log symptoms and to send optional follow-up nudges. These are scheduled on-device and do not use any push server operated by us.

Purchases

SymLog offers an optional one-time in-app purchase, **SymLog Premium**. Purchases are processed by **Apple** through the App Store using StoreKit. SymLog does not see or store your payment information. Apple's handling of your purchase is governed by Apple's Privacy Policy. SymLog records only a local flag indicating that Premium is unlocked; entitlement status is verified through Apple.

Information we do NOT collect

- We do not collect your name, email address, or contact information (the "Contact Support" link simply opens your own mail app).
- We do not collect device identifiers for tracking.
- We do not use analytics or crash-reporting SDKs.
- We do not use advertising or third-party tracking.

Tracking

SymLog does **not** track you as defined by Apple's App Tracking Transparency framework. We do not link your data with third-party data for advertising and we do not share your data with data brokers.

Children's privacy

SymLog is a general-audience health-tracking app and is not directed to children under 13. It does not knowingly collect personal information from children.

Links to external sites

SymLog contains links to external websites (for example, Apple's Health feedback page and a YouTube channel). Those sites have their own privacy practices, which we do not control.

Changes to this policy

If we change this policy, we will update the "Last updated" date above and, where appropriate, the effective date.

Contact

Questions about this policy or your privacy can be sent to GadgetHeads LLC by email:

- Email: support@gadgetheads.biz